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Using A 3-Step Approach To **Patient WELLNESS**

Bloomington Seminar

Sat/Sun September 27th & 28th

**Register by Sept 1st
bring a staff or guest
for FREE**

Using A 3-Step Approach To **Patient WELLNESS**

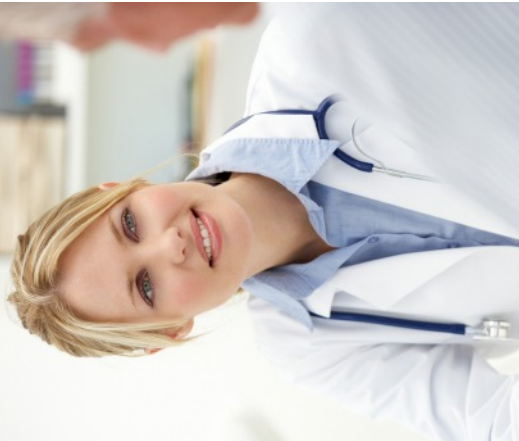
- ① Bio-Detoxification
- ② Blood Chemistry Analysis
- ③ Individualized Repair/Prevention

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REGISTER 800-373-1373





TRUST THIS 3-STEP APPROACH WITH ALL OF YOUR CHALLENGING PATIENTS

A 3-Step Approach To Patient WELLNESS

- 1 Bio-Detoxification
- 2 Blood Chemistry Analysis
- 3 Individualized Repair/Prevention

Cycles of chronic pain and inflammation are systemic and perpetuate themselves down to genetic levels. Learn how to break these cycles and restore healthy physiology with objective tools that are readily available and easy to use.

Addressing Chronic Health Issues

Chronic Fatigue Syndrome

Fibromyalgia

Hormonal Issues

Brain Fog

Degenerative Joint Disease

Blood Sugar Dysregulation

Chronic Pain

Autoimmune Conditions

Thyroid Dysfunction

Reflux/GERD

The Westin Edina Galleria
3201 Galleria ~ Edina, MN, 55435
952-567-5000

• Saturday AM - Bio-Detoxification

Bio-Detoxification is a system that Dr. Qutab has developed to clear the body of the xenobiotics that mimic hormones and trigger inflammation and pain. You will understand why clearing the system of toxins is the first step to restore the digestive and immune systems, to resetting the metabolism, and for healthy weight loss. Dr. Qutab will show how simple the process of Bio-Detoxification can be once key principles are understood.

• Saturday PM - Blood Chemistry

After cleaning the body there is a need to individually assess what systemic deficiencies are still present with the patient. By using the Balancing Body Chemistry optimal blood lab values, it is possible to objectively discover the optimal nutrients to restore physiologic health and balance. Case studies will be shared to demonstrate.

• Sunday - Nutraceutical Focus

Dr. Qutab and Joe Buishas CCN, LDN will share their favorite nutrients and the ones most frequently recommended in the Blood Chemistry Software. Repeating the blood chemistry as needed will give the patient objective measures to better assure results (and compliance). Done this way, the patient's path to wellness is systematic and easy to follow for both doctor and patient.

CE Credits Applied For DC, LDN, RD, RN

Date: Sat/Sun Sept 27th & 28th
Hours: Sat 8:30 - 5:30 Sun 8:300 - 12:30
Cost: \$175 After Sept 12th \$215
Register 800-373-1373

A 3-Step Approach To Patient WELLNESS

STEP ONE - BIO-DETOXIFICATION

The typical chronic patient often has such a diverse symptom load its very difficult to identify their "core" health issues. This Bio-Detoxification Program is exceptional at reducing a patient's toxic, and symptom load so that they feel a dramatic improvement in their health. At this point they have a significant reduction in symptomology, and you can then address the few remaining "core" issues.

STEP TWO - BLOOD CHEMISTRY

Blood chemistries are then used with the Balancing Body Chemistry software program to quickly identify indicators that are still out of balance. This objective data improves patient compliance and serves as a tool to evaluate progress.

STEP THREE - INDIVIDUALIZED REPAIR

Based on the bloodwork, the software identifies patient-specific nutraceuticals and lifestyle changes to address the remaining health challenges.

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Dr. Abbas Qutab, founder of Elan Vital Medical Centers and Spas located in Boston, MA. holds degrees in: Medicine, Oriental Medicine, Chiropractic and has a Ph.D. in Ayurvedic Medicine. Dr. Qutab, has taught thousands of physicians in Europe and in the U.S. on how to integrate alternative medicine into their practices. His speaking engagements include the World Health Organization Congress on Complementary Medicine. In 2003 he received the "Physician of the Year" award from the NRCC of the National Healthcare and Medicare Reforms Committee.

